



## WHAT TO BRING TO YOUR FIRST APPOINTMENT

Welcome, and thank you for choosing Geriatric Psychiatry Direct as your mental health care provider. To ensure the optimal coordination of care and make the most of your first visit, there are a few important items that we ask you to bring.

- Your photo I.D. and insurance card(s).
- The completed new patient forms and intake forms.
  - The new patient forms and the intake form can be found on our website on the “Join” tab under “Intake Form” and “New Patient Forms”.
  - These packets can also be mailed to you prior to your visit.
- Please bring your current medications.
  - Please also bring a list of previous medications you have tried in the past.
- Any history or mental health records you may have in your possession.
  - If you do not have copies of your mental health records, we can request records from previous providers if you sign a release.
  - You can obtain a release at your first appointment or sign one ahead of time by filling out the release on our website located on the “Join Us” page under “Medical Release Form”.
  - Please fax your signed release to 916-303-4356.
- Please bring a voided copy of a check in the event that you would like to become a member.
- Please arrive 20 minutes prior to your scheduled appointment time for your initial appointment.

**Thank you for choosing Geriatric Psychiatry Direct. We look forward to providing you with quality care.**